

«AGREED»
KANCHO
New International Karate
Organization Ashihara Kaikan

«APPROVED»
Chairman of the Federation
Ashihara-Karate of Uzbekistan

Kancho Hidenori Ashihara
December 31, 2025

Vadim Kim
December 30, 2025



**REGULATION
on holding the Asian Championship
in Ashihara-Karate**

Tashkent - 2025

1. GOALS AND OBJECTIVES OF THE CHAMPIONSHIP

Promoting a healthy lifestyle, fostering the spirit of internationalism and patriotism;

widespread use of Ashihara-Karate as one of the types of martial arts and martial arts in the comprehensive and harmonious development of the individual;

popularization of Ashihara-Karate in the Central Asian region, in Asia and the world;

exchange of experience in the field of achievements in martial arts;
identifying the strongest athletes in Asia.

2. DATE AND PLACE OF THE CHAMPIONSHIP

The Asian Championship is held on **25-26 April 2026** in Tashkent, Uzbekistan. Competition starts at **10:00**.

3. MANAGEMENT OF THE CHAMPIONSHIP

The overall management of the championship is carried out by the Ministry of Sports of the Republic of Uzbekistan, Center for development of Eastern single combats & Martial arts of Uzbekistan, New International Ashihara-Karate Organization, Eurasian Full Contact Karate Organization and the Ashihara-Karate Federation of Uzbekistan.

The organization and direct preparation of the Championship is carried out by the Ashihara-Karate Federation of Uzbekistan.

The Ashihara-Karate Federation of Uzbekistan is responsible for the safety of participants during the competition, in agreement with the relevant organizations.

4. CHAMPIONSHIP PARTICIPANTS AND CONDITIONS

The Asian Championship is approved by KANCHO HIDENORI ASHIHARA and is held according to the rules of the New International Ashihara-Karate Organization (NIKO);

Fighters from Europe and Asia take part in the championship. Fighters, teams, clubs, and organizations of European and Asian countries who have received these Regulations and confirmed their participation in the Asian Championship are allowed to participate in the Championship, having coordinated this issue with the members of the Organizing Committee of the Championship. Fighters must have a qualification of at least a yellow belt according to the rules of the international organization. Participants must have their passport and birth certificate on hand.

A mark on the passage of a medical examination, certified at the place of residence no more than five days before the start of the competition. All applications are accepted on a doctor's visa. Have an insurance policy (at the place of residence).

Form: clean and ironed gi (kimono), helmet with face protection, cap, brace, pads for hands with open fingers (shingarks), pads for legs with protection of the instep, chest protector (for girls and women).

Applications must be submitted by 1 April 2026 to the Ashihara-Karate Federation of Uzbekistan or to the e-mail: yamabushi7788@gmail.com.

Tel.: (+99891) 900 05 00. (Telegram, WhatsApp, Messenger)

Knockdown Kumite Weight Categories:

Children and Youth (Boys), Adults (Men):

6-7 years (2020-2019)	8 -9 years (2018- 2017)	10-11 years (2016 -2015)	12-13 years (2014-2013)	14-15 years (2012-2011)	16-17 years (2010-2009)	18+ years
- 20	- 20	- 25	- 30	- 40	- 50	- 60
- 25	- 25	- 30	- 35	- 45	- 55	- 65
- 30	- 30	- 35	- 40	- 50	- 60	- 70
+ 30	- 35	- 40	- 45	- 55	- 65	- 75
	+35	- 45	- 50	- 60	- 70	- 80
		+ 45	+50	- 65	- 75	- 85
				+65	+75	- 90
						+90

Children and Youth (Girls), Adults (Women):

6-7 years (2020-2019)	8 -9 years (2018- 2017)	10-11 years (2016 -2015)	12-13 years (2014-2013)	14-15 years (2012-2011)	16-17 years (2010-2009)	18+ years
- 20	- 25	- 25	- 30	- 40	- 50	- 50
- 25	- 30	- 30	- 35	- 45	- 55	- 55
+25	- 35	- 35	- 40	- 50	- 60	- 60
	+35	+35	- 50	- 55	+60	+60
			+ 50	+55		

Full Contact Professional Fights (Men):

18+ years			
- 70 kg	- 80 kg	- 90 kg	+ 90 kg

Individual and Team Kata Categories:

8 -9 years (2018- 2017)	10-11 years (2016 -2015)	12-13 years (2014-2013)	14-15 years (2012-2011)	16-17 years (2010-2009)	18+ years
Shoshin 1	Kumite 1	Kumite 2	Kumite 3	Kumite 3	Kumite 3
Kihon 1	Kumite 2	Kumite 3	Kumite 4	Kumite 4	Kumite 4
Kumite 1	Shoshin 2	Kumite 4	Kumite 5	Kumite 5	Kumite 5

In each weight category, at least three fighters who took 1st, 2nd, 3rd places in the qualifying competitions must participate.

In case of insufficient number of athletes in one weight category, the organizers of the competition reserve the right to combine weight categories.

5. CHAMPIONSHIP PROGRAM

April 24, 2026

- ❖ Participants' arrival for the competition;
- ❖ 08:00-17:00 - Registration of participants and weigh-ins (sports hall of the Ashihara-Karate Federation of Uzbekistan);
- ❖ 18:00 – 19:00 - Draw;
- ❖ 19:00 – 20:00 - Referee Seminar;
- ❖ 20:00 – 21:00 - Branch Meeting.

April 25, 2026

- ❖ 10:00 – Kata competition and preliminary matches in Full Contact Kumite (professional fights). After the conclusion of the kata competition, preliminary matches in Knockdown Kumite will begin.
- ❖ 13:00 – Grand Opening of the Competition;
- ❖ 14:30 – Resumption of the Competition
- ❖ 16:00 – Semifinal Fights;
- ❖ 17:00 – Final Fights;
- ❖ 20:00 – Award Ceremony.

April 26, 2026

- ❖ 10:00 – The beginning of the competition: the second day of the Knockdown Kumite;

- ❖ 13:00 – Resumption of the Competition;
- ❖ 16:00 – Semifinal Fights;
- ❖ 17:00 – Final Fights;
- ❖ 20:00 – Award Ceremony;

April 27, 2026

- ❖ 11:00 – 14:00 - Master Class led by **KANCHO HIDENORI ASHIHARA**
- ❖ 15:00 Departure of the participants of the Competition.

6. JUDGING CRITERIA AND JUDGES

The evaluation of fights is carried out by the panel of judges appointed by the Secretariat of the Federation.

- Head of New International Karate Organization Ashihara Karate Kaikan (NIKO) - *Kancho Hidenori Ashihara*.
- Chief Judge – *Kim Vadim* judge of the International category, IV Dan, Uzbekistan.
- Chief Secretary – *Rakhmanov Sherzod* judge of the International category, II Dan, Uzbekistan.
- Secretary – *Sharipova Lola* judge of the International category, I Kyu, Uzbekistan.
- Secretary – *Tursunova Aziza* judge of the International category, I Kyu, Uzbekistan.
- Competition Organizer – *Kim Vadim* judge of the International category, IV Dan, Uzbekistan.

Referee Uniform: White shirt, red tie, black trousers, sports shoes.

A referee **cannot**, under any circumstances, simultaneously perform the duties of a representative, a coach, and an assistant.

Competitions are held in accordance with international rules approved by the KANCHO of the New International Karate Organization (NIKO) - Hidenori Ashihara.

Teams with more than 5 participants must provide one judge.

Fight Durations for the Following Age Categories:

Round #	6 - 11 years	12 - 13 years	14 - 15 years	16 - 17 years	18+ years
1 st round	1.5 min	2 min	2min	2 min	3 min
2 nd round	1 min	2 min	2min	2min	2 min

Interval between rounds: 30 seconds

Scheme of the Olympic system with elimination.

7. FINANCIAL CONDITIONS OF PARTICIPATION AT THE CHAMPIONSHIP

The Asian Championship is financed by the Ashihara-Karate Federation of Uzbekistan;

Expenses for the stay of the participants during the competition are carried out at the expense of the sending organizations (travel, meals, accommodation).

The competition entry fee per participant is **\$50**. The fee for participating in each additional category is **\$15**.

The cost of hotel accommodation is from **\$35 per day**. Meals (lunch or dinner) starting from **\$10 per day**.

The participation fee for the master class led by *Kancho Hidenori Ashihara* is **\$50**.

8. AWARDING

The winners who took 1st, 2nd and 3rd places in the competitions are awarded with medals and commemorative diplomas.

The winners who take 1st place in the professional fights category are awarded with special professional belts, 2nd and 3rd places in the competitions are awarded with medals and commemorative diplomas.

Teams that take 1st, 2nd and 3rd places in the competition are awarded with commemorative cups and diplomas.

Team leaders are awarded commemorative honorary medals.